ST ITA’S Catholic Primary School Lunch
Order Winter Menu- TERM 2&3, 2016
Available Monday, Wednesday and Friday

RECESS
Fresh fruit cup $2.00
Popcorn $1.50
Fresh fruit per piece $1.00
Plain Rice Crackers (4) and tasty cheese (GF) $1.50
Frozen Yoghurt $2.50
Homemade Sweet Treat of the day $2.00
Jelly, custard and fruit cup $2.00

HOT FOOD
Homemade Beef lasagne $4.00
Roast beef and gravy roll $3.50
Corn on the cob(GF) $1.00
Chicken Burger with lettuce and Mayo $4.00
Egg and Bacon on English muffin $3.00
Garlic Bread Torpedo half $1.00
Whole $1.50
Homemade “sausage” roll $3.00
Homemade Fried rice (GF) $3.50
Mrs Macs Good eating meat pie 120g $2.80
200g $3.80
Steamed dim Sims 80 cents each

Salad (lettuce, tomato, cucumber, beetroot, carrot
and mayo) $3.50
Chicken, Ham, Tuna or Eggs/mayo mix $3.00
Meat and Salad $4.50
Egg/mayo and lettuce $3.50
Chicken, lettuce and mayo $3.50
Ham, cheese and tomato $3.50
Vegemite, jam or tomato $2.00
Toasted cheese $2.50
Toasted ham or chicken and cheese $3.80

ROLLS/WRAPS
Salad (lettuce, tomato, cucumber, beetroot, carrot
and mayo) $4.00
Meat and Salad $5.00
Chicken, lettuce and mayo $4.00
Egg/mayo and lettuce $3.50
Toasted sweet chilli chicken/salad/cheese wrap $4.50

PLEASE ADD 20 CENTS ONTO PRICE FOR ANY
ADDITIONAL FILTINGS and GLUTEN FREE BREAD/ROLL

Please note:
Canteen open at 11:00-11:20 to purchase recess items only. Lunch orders need to be ordered by 9:30 am. Prices are subject to change without notice. Any questions or concerns please email to: alli_1976@hotmail.com

FRESH SALAD BOWLS
Caesar Salad $5.00
(With cos lettuce, boiled egg, croutons, bacon, parmesan and dressing)
With Grilled Chicken breast $7.00
Greek Salad $5.00
(With mixed lettuce, red capsicum, tomato, cucumber, feta, red onion, olives and dressing)

LUNCHTIME SPECIALS
WINTER SPECIAL- Homemade chicken noodle soup OR pumpkin soup $2.50
With bread roll $3.00

MONDAY
Sushi-(GF) Chicken Teriyaki/tuna/cucumber (soy sauce included) $3.00 each
Pizza on English Muffin- (all have tomato paste base)
Choose from:
- Ham, pineapple, egg, fresh tomato, red capsicum, mushrooms $3.00

WEDNESDAY
Soft Taco “Boat”- topped with beef or chicken mince, salsa, lettuce, tomato, and cheese and sour cream $3.50
Hot Dog $3.00

FRIDAY
Macaroni cheese with ham/vegetables $4.00
Baked Potato (GF) with bacon, coleslaw, cheese and sour cream $4.00

DRINKS
Flavoured Milk (Chocolate and Strawberry) $1.80
100% apple or orange juice $1.50
Bottled water $2.00
Hot Milo $2.00
Flavoured “Sipahh” Straw and low fat milk $2.00